

# Lincoln High School

PROSPECTUS



An outstanding all-round education

Te Kura Tuarua o Waihora





# Our Purpose

An outstanding all-round education.

# Our Motto

Seek the highest good.

# Haere mai ki te Kura Tuarua o Waihora

Welcome to Lincoln High School. We are a contemporary, co-educational public school located just outside of Christchurch City.

It takes a community to raise a child, and at Lincoln we provide a warm, welcoming and friendly environment where each student is given the support to discover and develop values which will carry them through life.



# From the Principal

Kia ora and welcome.

Since its beginnings in 1903, Lincoln High School has continued to provide excellent educational opportunities for the Lincoln community. I am delighted to welcome you to our school, as we build upon this tradition of serving the Lincoln community.

Parents and students who join the Lincoln High School community should expect a strong focus on our school values and a positive school culture. As this forms the foundation of our success, both inside and outside the classroom

Lincoln High School has a rich and exciting curriculum, and our highly trained and committed teachers create outstanding academic results. Lincoln students are achieving well above both national averages and other local schools in both NCEA and University Entrance qualifications.

In addition, we offer a wide range of extra-curricular activities, including many successful sports teams, music and performing arts opportunities, and a high-functioning student council and executive. As a staff, we place a strong focus on creating a warm, inclusive, and purposeful learning environment created by our staff, and our wish is to see you leave Lincoln High School with the qualifications, skills, and confidence to succeed beyond our school gates.

I wish you all the very best as you make the important decision about which high school to send your child to. I am very proud of what we have to offer you.

Ngā mihi,  
**Adrian Fastier**  
**Principal**



**Adrian Fastier**  
*Principal/Tumuaki*

Adrian was appointed as principal in 2024. He came to Lincoln with significant educational experience, most recently as Deputy Principal at Cashmere High School. Adrian is passionate about delivering a high-quality, all-round education that fosters the knowledge and skills to both succeed and lead, beyond the school gates.

This includes a focus on academic excellence, as well as sporting and performing arts opportunities, the development of social and emotional skills, and giving back to the community through service.

Adrian strongly believes that a key driver in achieving these outcomes is a positive school culture, in which students are supported, challenged, and take pride in their school.



# Our school

Choosing a high school which gives you the opportunity to be motivated, happy, challenged and supported is the most important thing to make sure your years as a young adult set you up for a full life.

At Lincoln we know that having the right balance of academic, sporting, cultural and social opportunities creates an environment where learning thrives. Our teachers understand that everyone learns differently and encourage you to approach tasks with an open mind.

We're aware of the changing nature of employment opportunities and the diversity of occupations which now exist.

We provide a range of subject choices to ensure each student has access to discovering these possibilities.

Learning thrives at Lincoln, with the right balance of academic, cultural, sporting and social opportunities.



"Lincoln High School allows students to reach their goals and work towards their ambitions, as well as providing opportunities for students to become the best version of themselves. The environment here at Te Kura Tuarua o Waihora allows students to express themselves and be who they want to be, for example allowing facial hair and coloured hair.

No matter a student's interests, Lincoln High School caters for them. From media production, to sports, sciences and literature, there is something for everyone. We create a welcoming environment that brings a sense of belonging to each student from all the exciting opportunities that Lincoln provides, no matter the area of interest. We are taking a strong focus on school and student wellbeing, to create a base for a strong and healthy lifestyle that is sustainable once leaving the school."

**Head Students 2026: Dan Hurst, Cartier Dann, Sophie Pongracz, Ben Lang**

# Our Tikanga

We value our relationship with the mana whenua, Te Taumutu Rūnanga, our location near Waihora and Te Pā o Moki marae.

Our tikanga show us the strong path. This is demonstrated when we welcome, include, help each other, work as a team, care about the environment of our school and beyond, show leadership, show respect for the language, culture and identities of our students and their whānau.

We provide opportunities to learn Te Reo Māori, Kapa Haka, and develop bicultural competence and confidence across the curriculum. We partner with our Māori whānau to enable the success and wellbeing of our Māori students.

*He mea nui ngā hononga ki te mana whenua, Te Taumutu Rūnanga ko te wāhi e tū ai te kura e tata ana ki Te Waihora, ki Te Pā o Moki marae anō hoki.*

*Mā ō mātou tikanga ka whai mātou te Ararīrā. Ka mahia mā te: te pōwhiri atu, te āwhina tētahi i tētahi, te mahi ngātahi, te tiaki i te wāhi e tū nei te kura me te wāhi whānui, te rangatiratanga, te whakamiha atu ki te reo, ōna tikanga, me te mana motuhake o ngā tauira me ō rātou whānau anō hoki.*

*E ngana ana mātou kia whai wāhi atu ki te ako i te reo Māori, te mahi kapa haka, me te whakapakari i tō te tauira mōhio ki ngā taha e rua o Aotearoa i roto i te Marautanga.*

*Kei te mahi ngātahi mātou ko ngā whānau Māori e taea ai e ngā tauira Māori te eke ki ngā taumata teitei, kia ora pai ai rātou.*

## Te Taumutu Rūnanga Values

- Manaakitanga
- Aroha
- Whanaungatanga
- Kotahitanga
- Tiakitanga
- Rangatiratanga
- Kawa me te tikanga
- Te Reo me ōna tikanga

## At Lincoln

Let's be:

Kia:

Respectful

Whakamana

Reliable

Whakapono

Supportive

Manaaki

Resilient

Manawaroa

Seek the highest good



# An outstanding all-round education

## Let's learn

Opportunities for employment are developing significantly, some in areas which previously didn't even exist! Find out about our different courses which expose students to the endless possibilities in an ever-changing world.



## Let's play

Engaging in physical activity also helps to embrace a competitive spirit and learning to work as a team. Find out about our range of sports, including a few less traditional activities.

## Let's grow

We understand the importance of artistic expression, and encourage this by providing a variety of cultural activities. Discover the ways in which you are able to embrace your inherent creativity.



## Let's embrace

Be part of Īnaka, Kāhu, Kōtare, Kūaka, Mako or Pātiki and join events from the Great House Lip-sync to athletics and ki-o-rahi. Be a part of the House System and compete for the ultimate title of Lincoln High School House Champions!

## Let's inspire

Our kura is a welcoming and engaging environment for students. Featuring a variety of subjects, our school strives to offer opportunities and areas of interest for every pupil. The school is an adaptable learning environment, with safe and homely spaces for everyone. Participation and involvement are strongly supported at Te Kura Tuarua o Waihora, as we have many different sports and extracurricular activities that encourage collaboration, resilience, and curiosity. We ensure that every pupil in our school has a chance to have their voice heard, and we strive to make this happen. We work to help our students grow into their best selves, to become healthy, happy, and educated young people.

Head Students 2026: Dan Hurst, Cartier Dann, Sophie Pongracz, Ben Lang



**Pablo Easdale**

Year 9, 2026

Ever since my brother got into high school, I have been excited for the day I would start. Hearing him come back from school and talk about what he had done that day made me eager to go to Lincoln. So, at the start of the year, I was very happy that I was beginning high school. On my first day, I met my Linc class and my core class. A core class is a class that changes annually and is the class where we take our core subjects: Science, Math, English, and Health and PE. In Linc, you meet twice every week on Wednesday and Friday. Every two Wednesdays, we have peer support sessions in Linc, where a group of Year 12 and 13 students do fun activities with us. Every Friday is *Focus Friday*, where we silently read in Linc for fifteen minutes. Unlike your core class, your Linc class does not change.

There are a lot of opportunities at LHS, like sports teams, clubs, and more! We had a *Clubs Day*, where we got to see at all the different clubs that there are. I ended up joining the TTRPG club, where we play Dungeons & Dragons and other roleplaying games.

Another opportunity that is available are music lessons. They are a good way to keep practicing and improving if you already play an instrument. If you don't play an instrument, you can choose to take music as a subject, so even if you are new to it, you can participate. There are also music groups like the brass ensemble and the jazz band.

If you're feeling hungry at break times, you can go to the tuck shop. The library is also a nice place to go at lunchtimes, if you want a quiet space to chill in. Lincoln High School is a great place to learn and have fun, and even though I've only been here for a few weeks, I already love it.

# Our community

We provide a variety of support for students now and into the future

## Student Support

It isn't expected that every student knows exactly who they are or where they want to be, now, or in ten years. We understand that high school is a period of growing and learning, not only about the world around you, but about yourself.

At Lincoln, we have a comprehensive support network on hand to help you develop an understanding of the world, and your place in it.

Communication with whānau is essential to us in maintaining the links in our community and making sure that you receive the support and guidance to ensure you are getting the best out of our school.

Students learn and grow at different rates in different areas. If you're finding learning difficult, or you need more of a challenge, we're able to help. Small group tuition is provided for assistance, and enrichment opportunities provide extra challenges and stimulation for students who require it.

Individual mentoring is available to help you decide on courses and how best to utilise the many opportunities available to you.



## Working towards employment

Lincoln High School has a designated Careers Hub space and a team of staff to help prepare students for when they leave school, whether students are headed for further education or into the workforce. Students are welcome to visit during interval or lunchtime; and whānau are encouraged to contact the Careers Hub team anytime.

Year level tutors are available to help students understand what courses are best for them, what to do if they are going to miss an assessment and make any course changes. Students can make an appointment to see the Careers Adviser to work out which university is right for them, apply for scholarships or investigate course options for when they leave school.

We have comprehensive Work Experience, Gateway, and STAR programmes, which give students real experience of the world of work and tertiary education. While studying at Lincoln High School, students can take papers at the University of Canterbury, attend a Dual Enrolment programme in conjunction with local tertiary providers or attend Ara for a Taster Day experience.

The Careers Hub can also assist students to find part-time work, update CVs, prepare for job interviews and obtain their Learner Licence. Students can attend presentations by a range of guest speakers from universities, GAP year providers, Education USA, StudyLink and Industry Training Organisations

# Our guidance network

Pastoral care is important to us

## The Guidance Network

We've developed a guidance network to ensure that everyone has the opportunity to develop to their full potential. By working together as a school community, we can provide support and assistance as you grow to discover the opportunities ahead.



### Subject Teachers:

Subject and learning expertise.

### Linc Teachers:

Mentoring of academic and social development throughout a student's five years

### Learning Support Teachers:

Mentoring and support of students

### Tutors:

Class placement and course choices, learning issues, exam entries and general administration.

### Deans:

Behavioural issues, general advice and guidance.

### Guidance Counsellors:

Personal, social and behavioural issues, and counselling.

### Senior Leadership Team: (Principal, Associate Principal and Deputy Principals)

Overall school policy and discipline, school-wide leadership and Heads of Level.



# Our House System

Houses link students across the school

## Our House System

We have six houses representing the birds and fish around Te Waihora - Īnaka, Kāhu, Kōtare, Kūaka, Mako, and Pātiki. Every student and staff member belongs to a House, and typically, siblings are members of the same house. Linc classes are named after Houses, with connection, identity, and competitive spirit woven throughout our kura.

## House Events

We run numerous events throughout the year where House points are up for grabs. From major events such as Athletics and Cross Country, to the Lip-Sync, Ki-o-rahi tournament, Multi-sport, and CantaQuiz, there is something for everyone to participate in. We also run House Spirit Weeks during which Houses are showcased via a variety of activities, including wearing House colours.

At the end of the year, the top house wins the Lincoln House Shield.



# Courses of study

We're aware that opportunities for employment are developing significantly, often in areas that previously didn't even exist.



Studying a variety of courses ensures you get a valuable insight into many academic disciplines, and helps you to determine where to concentrate your efforts in the future.

In August we publish online a full explanation for each course listed. We're always looking to provide the best opportunities for you, so our courses may change from those listed here. The courses listed on the following pages are typically offered at each year level. You can find detailed information on our website.

[www.lincoln.school.nz/ourcurriculum](http://www.lincoln.school.nz/ourcurriculum)



# Year 9

# Year 10

## Compulsory Semester (half-year) Courses

Two semesters of:

- Health & PE
- Mathematics
- Science
- English

**One** semester of:

- Social Studies

## Option Courses

Three semesters of option courses.

Students are required to take:

**ONE** choice from: Set A (Languages and Arts)

**ONE** choice from Set B (Technologies)

**ONE** other choice from any of the options available across all three columns.

Students will also select an **alternate** option for both Set A and Set B.



### Year 9 Course Selection

SET A (Languages & Arts)	SET B (Technologies)	SET C (Other)
JMAO - Te Reo Māori	JFNT - Food & Nutrition Technology	JAAS - Adopt a Scientist
JCHI - Chinese	JMTH - Materials Technology (Wood)	JAGR - Agriculture & Horticulture
JFRE - French	JDTF - Design Fashion Technology	JMEP - Media Production
JDAN - Dance	JDVC - Design & Visual Communication - Architecture	
JMUS - Music	JDTY - Digital Technologies	
JDRA - Drama		
JTAH - Te Ao Haka		
JART - Art		

**LANGUAGES:** We strongly recommend choosing 3 Junior Semesters of their selected language if they intend to do Languages from Year 11 -13. This will provide a very good foundation that will support student success at NCEA Level 2 & 3.

## Compulsory Semester (half-year) Courses

**Two** semesters of:

- Mathematics
- English
- Social Studies

**One** semester of:

- Science
- Health & PE

Students choose 5 semester (half-year) courses from:

*\*Indicates there are two semester courses offered. Not all courses will be offered every year.*

- Adopt-a-scientist
- Art\*, Sculpture, Photography & Design
- Agricultural & Horticultural Science – Advanced
- Agricultural & Horticultural Techniques & Skills
- Business Studies
- Career exploration
- Chinese\*
- Dance
- Digital Technology - Computational thinking
- Design Technology - Electronics
- Design Technology - Fashion
- Design Technology - Jewellery
- Drama\*
- Electronic Music
- English for Speakers of Other Languages
- Financial Literacy
- Food and Nutrition\*
- French\*
- German\*
- Hospitality & International Cuisine
- Japanese\*
- Māori – Te Rito
- Māori – Te Whakatipu\*
- Materials Technology – Resistant Materials\*
- Media Production
- Music\*
- Physical Education – Understanding Movement
- Spatial & Product Design
- Te Ao Haka\*
- Toastmasters
- Writing

# Year 11

## Students study 12 semester (half-year) courses.

These must include **TWO** Mathematics and **TWO** English courses.

*\*Indicates there are two semester courses offered.*

*Not all courses will be offered every year,*

- Accounting – Preparing Information for a Small Business
- Accounting –Processing Information for a Small Business
- Accounting & Economic Factors for a Small Business\*
- Animal Management Science
- Biology – Human
- Biology - Marine & Freshwater Ecology
- Career Exploration
- Chemistry
- Chinese\*
- Classical Studies – Greek Society & Mythology
- Classical Studies - Roman Society & History
- Dance
- Digital Technologies – Digital Media
- Digital Technologies – Print Media\*
- Digital Technologies – Programming (Game Creation)
- Digital Technology Applications\*
- Drama – Developing Confidence & Characters
- Drama – Melodrama & Devising
- Economics & Business Studies\*
- Electronic Music
- Electronic Technologies
- English for Speakers of Other Languages\*
- English - General
- English Literacy
- English - Dystopian
- English - Myths & Legends
- English - Sport Exploration
- English - World of Horror
- English – War & Conflict
- Food & Nutrition – Te Takawaenga Processing Technology
- Food & Nutrition Technology – Nutrition
- French\*
- General Science – Chemistry & Biology
- General Science - Physics
- Geography – Urban Crime
- Geography – Extreme Natural Events
- Health – Fuel for Life
- History – Black Civil Rights in the USA
- History - Events & People
- History – Holocaust Studies
- History – War
- Hospitality – Culinary Skills\*
- Japanese\*
- Māori - Te Takawaenga\*
- Materials Technology –Engineering\*
- Materials Technology –Resistant Materials\*
- Materials Technology –Jewellery
- Materials Technology –Summer Outfit
- Materials Technology - Wearable Arts
- Mathematics
- Numeracy
- Media – Cinematic Universe
- Media – Production
- Microbial Forensic Science Intro
- Modelling Geometry & Measurement
- Modelling Algebraic concepts
- Modelling Using Statistical Methods
- Modelling Using Statistical Design Processes
- Music\*
- Music - Sound Creation\*
- New Zealand Agriculture
- New Zealand Horticulture
- Outdoor Education – Land Skills, Rock, Tramp, & Bike
- Outdoor Education – Water Skills
- Physical Education – Back to the Future
- Physical Education – Harder, Better, Faster, Stronger
- Physical Education – Let’s Get Physical
- Physical Education – Smells like Team Spirit
- Psychology\*
- Science of Our Brain
- Skills for Independence
- Social Studies – Cultural & Social Identities
- Social Studies – Human Rights in Action
- Spatial & Product Design
- Te Ao Haka
- Tourism - Pathways
- Tourism - NZ & the World
- Visual Arts –Sculpture & Printmaking
- Visual Arts – Painting
- Work & Community Skills\*
- Writing in English

# Year 12 (NCEA Level 2)

## No Compulsory Courses

**Six** full-year courses chosen from:

*Not all courses will be available every year.*

- Accounting
- Agricultural & Horticultural Science
- Biology
- Business Management & Marketing
- Calculus
- Chemistry
- Chinese
- Classical Studies
- Digital Technologies – Applications
- Digital Technologies – Multimedia
- Digital Technologies – Programming & Computer Science
- Drama
- Dual Enrolment Programme
- Early Childcare Education
- Economics
- English
- English for Speakers of Other Languages
- English – Heroes & Villains
- English – Scholarship
- English – Women in Literature
- English – War & Conflict
- English – Writing
- Food & Beverage
- Food & Nutrition Technology
- French
- Geography
- Health Education
- History
- Hospitality
- Japanese
- Materials Technology – Engineering
- Materials Technology – Resistant Materials
- Materials Technology – Textile-Based
- Mathematical Applications
- Mathematics for Life
- Media Production
- Music
- Music – Contemporary
- Outdoor Education
- Photography & Graphic Design
- Physical Education
- Physical Education & Recreation
- Physics
- Practical Art
- Psychology
- Science
- Skills for Independence & Employment
- Social Studies
- Spatial & Product Design
- Sport in English
- Sports Leadership
- Statistics
- Supported English
- Technical Art
- Te Reo Māori
- Tourism
- Work & Community Skills

# Year 13 (NCEA Level 3)

## No Compulsory Courses

**Five** full-year courses chosen from:

*Not all courses will be available every year.*

*Students will have one line of Independent Study*

- Accounting
- Agricultural & Horticultural Science
- Biology
- Business Studies – Impact & Innovation
- Calculus
- Chemistry
- Chinese
- Classical Studies
- Design
- Digital Technologies – Applications
- Digital Technologies – Multimedia
- Digital Technologies – Programming & Computer Science
- Drama
- Dual Enrolment Programme
- Earth & Space Science
- Economics
- English
- English for Speakers of Other Languages
- English – Scholarship
- English – Science Fiction in Literature
- English – War & Conflict
- English – Women in Literature
- English – Writing
- Fit for Life
- Forensic Science
- Food & Beverage
- Food & Nutrition Technology
- French
- Geography
- Health Education
- History
- Japanese
- Materials Technology – Engineering
- Materials Technology – Resistant Materials
- Materials Technology – Textile-Based
- Mathematical Applications
- Media Production
- Music
- Music – Contemporary
- Outdoor Education
- Painting
- Photography
- Physical Education
- Physical Education & Recreation
- Physics
- Printmaking
- Psychology
- Sculpture
- Skills for Independence & Employment
- Social Studies
- Spatial & Product Design
- Sports Coaching & Leadership
- Statistics
- Supported English
- Technical Art
- Te Reo Māori
- Tourism



## **Lincoln High School**

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